

TRUDEAU RECREATION



January 2019
Recreational
EVENTS CALENDAR
JKeenan@trudeaucenter.org



J. Arthur Trudeau Memorial Center



Activities Calendar

Dear Participants and Caregivers,

Happy New Year!!! Enclosed you will find your January 2019 Recreation activities calendar. Please remember to keep a duplicate of the activities you sign up for. **It is imperative that descriptions be read by all very carefully as there are activity specific instructions.** Any event ideas and suggestions are greatly appreciated! Stay tuned for more info regarding future activities.

With the constant weather change comes coughs and sniffles! In our greatest effort to keep everyone healthy and safe we support anyone feeling under the weather to stay home and get better!

Also inside:

- Calendar of Events
- Saturday Bowling Program Enrollment Form
- Dance Flyer
- SO Med Fest Flyer
- Inclement Weather Notice
- Look for Recreation Activities info on our website as well: www.trudeaucenter.org
- Also, friend us on Trudeau Tigers Facebook for timely updates.  

Please feel free to contact me with any questions, concerns or new ideas you may have!

Thank you,

Jessica Keenan

Recreation Coordinator

J. Arthur Trudeau Memorial Center

jkeenan@trudeaucenter.org



Trudeau Recreation

Inclement Weather Cancellation Information

When any Recreation Program is in jeopardy of being cancelled due to inclement weather there is much deliberation and angst over which decision will be the **safest** for our families, participants and support staff. In the event that there is inclement weather you can obtain event information by calling:

401-739-2700 x 272

An updated recording will be left on the answering machine message 1 hour before event time! We will also make every effort to post a timely notice on our Trudeau Tigers facebook!

Thank you in advance for your understanding and cooperation!

Sincerely,

The Recreation Department

Activities paid for in advance which are cancelled will be credited in full!!!



Saturday Bowling Program
Enrollment Form



Event: Bowling

Location: AMF Cranston Lanes

Time: 10a-12p

Fee: \$5.00pp/pw, includes 2 games, ball and shoes, if needed.

***Important notes-**

All participants are to...

- send in completed enrollment form. (unless already completed in September)
- meet at the alley on time.
(not eligible to bowl if arrival is after 11:30a. Please see Jessica if you arrive after 10am)
- attend with a support.
(shared recommended-support required to meet the all needs of the participant during activity, including keeping score. If help is needed please feel free to ask.)
- pay weekly upon arrival.
(cash (preferred) or checks to be made out to AMF Cranston Lanes directly for \$5.00. Advance payment no longer accepted.)

***At no point should any participant be unattended.**

***Weekly fee must be paid up front in order to bowl. No exceptions.**

(per Trudeau Policy & AMF Management)

***Your cooperation, understanding and patience are greatly appreciated.**

If you are interested in attending the Saturday bowling program please fill out the information below in its entirety and send it back to the Recreation Department.

Name: _____ Email: _____

Address: _____ Phone: _____

Signature: _____ Date: _____



Trudeau Recreation's Winter Ball

Come
join in the
FUN!!

Semi-Formal
Full Coverage Attire! 😊
DRESS TO IMPRESS

Entertainment
by:
Mz K8z
Music & More

Date: January 11h, 2019

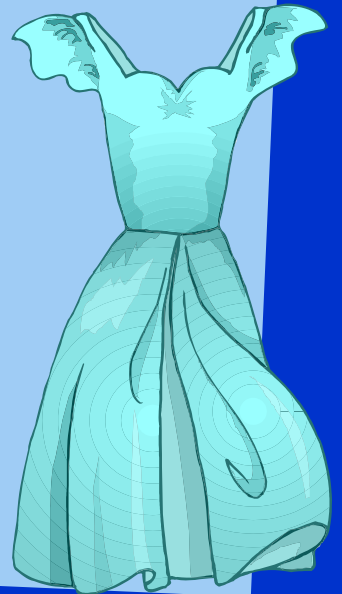
Time: 6:30pm-8:30pm

Location: Trudeau Recreation Building

Price: \$6.00pp

Concession provided. All items \$1.00.

**Please note that the doors will not
open until 6:30pm**





FREE Physical Exams For Special Olympics RI Athletes

*Sponsored by the
"Healthy Athletes" Program*

WHEN: Saturday, January 12, 2019

TIME: 9am – 11am

**WHERE: Special Olympics RI / CVS Health Training & Education Center
370 George Washington Highway, Smithfield, RI 02917**

Exams will be by appointment only and will include:

- Medication Check
- Blood Pressure, Weight, Height, and BMI Readings
- Vision Screening
- Hearing Screening
- Physical Exam by doctors from **Lifespan**

For more information, or if you would like to make an appointment, please call Louise Miller (401) 349-4900 or email louise@specialolympicsri.org. **There are a limited number of appointments available and will be filled on a first come/first served basis. Appointments must be scheduled by Friday, January 11, 2019.**

This MedFest clinic is a great opportunity for Special Olympics RI athletes to have their required 3-year medical form for participation in Special Olympics completed FREE of charge. A Health History Form must be completed prior to the exam.





January 2019



Mon	Tue	Wed	Thu	Fri	Sat
	<p><u>1</u> Rec Closed Happy New Year!</p>	<p><u>2</u>  SORI Sports night Break</p>	<p><u>3</u> <u>Bowling</u> </p>	<p>4 BILLIARD'S </p>	<p>5 Bowling League </p>
<p>7  SORI Sports Night</p>	<p>8 Han Palace </p>	<p>9  SORI Sports night</p>	<p><u>10</u> <u>Bowling</u> </p>	<p>11 Winter Ball </p>	<p>12 Bowling League </p>
<p>14  SORI Sports Night</p>	<p>15 Ice Skating </p>	<p>16  SORI Sports night</p>	<p><u>17</u> <u>Bowling</u> </p>	<p>18 Olive Garden </p>	<p>19 Bowling League </p>
<p>21  SORI Sports Night</p>	<p>22 TGI Friday's </p>	<p>23  SORI sports night</p>	<p>24 <u>Bowling</u> </p>	<p>25 Tubing at Yagoo </p>	<p>26 Bowling League </p>
<p>28  SORI Sports Night</p>	<p>29 Duck Pin Bowling </p>	<p>30  SORI sports night</p>	<p><u>31</u> <u>Bowling</u> </p>		

January 2019

Events	Keep for your records	Fees	Time/Between the h		Notes/Location
Billiards	4th	\$11pt	5:30pm	7:30pm	Bo's Billiards
Bowling	Every Thursday, 3rd thru 31st	\$4pp	5:30pm	7:30pm	AMF Cranston Lanes
Dance	11th	\$6pp	6:30pm	8:30pm	Rec/Pay at door
Dine Out	8th, 18th & 22nd	Free	5:30pm	7:30pm	Meet at restaurant/Bring at least \$15
Duck Pin Bowling	29th	\$10pp	5:30pm	7:30pm	Legion Bowl
Ice Skating	15th	\$15pp	5:30pm	7:30pm	Alex and Ani Skating Center
Tubing at Yawgoo	25th	\$15pp	5:30pm	7:30pm	Yawgoo Valley



Please fill out in its ENTIRETY, keep a copy and return.

Name _____

*Email Address _____ Phone _____

*Imperative to continue receiving Rec info. Please call in if you have any questions or concerns.

Program & Manager: _____ Name/Number of Support: _____

Parent/Guardian signature _____

PLEASE READ DESCRIPTIONS THOROUGHLY AND BE SURE YOUR SUPPORT DOES AS WELL!!!

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Activity Descriptions

IMPORTANT NOTES:

***Please be sure to read thoroughly as descriptions are specific to each activity. All enrollments should go to the Recreation Coordinator Jessica Keenan and a copy should go to the Program Manager that you have specified upon completion of the enrollment form for staffing purposes.

It is required that all that participants attend all events with a support. This could be a Residential, CSS, Respite, shared or natural support such as a family member or friend. No participant should attend without support. No exceptions. Shared supports and carpooling is recommended.*

*****Program Managers and Caregivers, please make all staff/supports aware that they are now the person or one of, that makes the event run accordingly. Please set the expectation for all to have a work together, with an energetic, enthusiastic demeanor but also a take charge positive attitude if need be to get the activity rolling in a successful direction.**

*If you enroll for an activity and are unable to attend, please notify your Program Manager as early as possible. Sign up is not guaranteed upon receiving enrollment as this will be run on a first come first serve basis. A waiting list will be put in place for those that do not make the list. If you pay in advance for an activity and do not attend, we reserve the right not to give a refund as needs for the activity will have already been purchased. Your patience, understanding and flexibility are greatly appreciated as all events are dependent upon adequate enrollment and staffing availability per program. You will be notified by your Program Manager if you have to be placed on the waiting list and if someone cancels and you will be able to attend. All participants are to meet at the location stated, at the time stated and events should be paid for at the door unless otherwise specified with in the calendar. Thank you!!!

Billiards: *Open to all.* Chalk up your cues and test your skill at Bo's Billiards local pool hall. **The cost per table/per hour is \$11.00. This cost can be shared by all that sign up upon arrival based on attendees.**

Bowling: *Open to all.* Join friends for a ball of fun at AMF Cranston Lanes. Enjoy two games of ten pin bowling, w/ shoe rental. Enrollment fee covers games and shoes. Snack Bar is available for an extra fee. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already.**



Dances: *Unlimited slots/Open to all.* Gather your friends, dress to impress and come dance the night away. Where a special guest DJ will play a variety of today's hits and yesterday's oldies. Everyone is invited. Admission is \$6.00pp. A concession stand will be provided, all items \$1.00. So remember to bring your dollar bills. **Please remember that the doors will not open till 6:30pm. No outdoor food or beverage allowed! No re-admittance allowed!** **We ask that all that participants attend with a support. This could be a CSS, respite, shared or natural support such as a family member of friend. No participant will be admitted to the dance without a support. No exceptions.** We prefer that you pay at the door for all dances.

Dine Out: *Open to all.* Friends get together and dine at a nice sit down restaurant. Not Burger King or McDonalds! Smokey bones, Governor Francis, Ruby Tuesday's and Han Palace are some of the restaurants we will be going to. We suggest that you bring a minimum of \$15 for your meal. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already.**

Duck Pin Bowling: *Open to all.* Join friends for a ball of fun at Legion Bowl. Enjoy your choice of games of duck pin bowling played, shoe rental available. Snack Bar is available for an extra fee. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already.**

Ice Skating & Dinner: *Open to all.* Lace up your skates & let's hit the ice. Join us for a night of fun. We will not be going to dinner before this event. Admission and skate rental are included in the enrollment fee. **Please ask at the ticket booth to see if any Trudeau friends have arrived. Please keep in mind that this is a very physical event and maybe harmful to someone that is not good physical condition.**

Tubing at Yawgoo: *Open to all.* Be a kid again and join with friends at Yawgoo for a fun filled evening of Tubing. Please remember to dress warmly and you might want to bring an extra change of clothes. Admission covered by fee. **Please ask at the ticket booth to see if any Trudeau friends have arrived. Please keep in mind that this is a very physical event and maybe harmful to someone that is not good physical condition.**

Thank you!