



Trudeau Recreation
Spring Event
Calendar
March 2019



jkeenana@trudeaucenter.org





J. Arthur Trudeau Memorial Center

Recreation Activities Calendar

Dear Participants and Caregivers,

Enclosed you will find your March 2019 recreation activities calendar. Please remember to keep a duplicate of the activities you sign up for. **It is imperative that descriptions be read by all very carefully as there are activity specific instructions.** Any event ideas and suggestions are greatly appreciated! Stay tuned for more info regarding future activities.

With the change in weather comes cold, cough and sniffles! In our greatest effort to keep everyone healthy and safe we support anyone feeling under the weather to stay home and get better!

Also inside:

- Calendar of Events
- Saturday Bowling Enrollment Form
- Dance Flyer
- Special Olympics upcoming qualifier and practice info flyers and important dates
- Inclement Weather Policy
- Look for Recreation Activities info as well as all other Recreation updates on our website

www.trudeaucenter.org and friend us on Trudeau Tigers facebook for timely updates.



Please feel free to contact me with any questions, concerns or new ideas you may have!

Thank you,

Jessica Keenan

Recreation Coordinator

J. Arthur Trudeau Memorial Center

jkeenan@trudeaucenter.org



Trudeau Recreation

Inclement Weather Cancellation Information

When any Recreation Program is in jeopardy of being cancelled due to inclement weather there is much deliberation and angst over which decision will be the **safest** for our families, participants and support staff. In the event that there is inclement weather you can obtain event information by calling:

401-739-2700 x 272

An updated recording will be left on the answering machine message 1 hour before event time! We will also make every effort to post a timely notice on our Trudeau Tigers facebook!

Thank you in advance for you understanding and cooperation!

Sincerely,

The Recreation Department

Activities paid for in advance which are cancelled will be credited in full!!!



Saturday Bowling Program Enrollment Form



Event: Bowling

Location: AMF Cranston Lanes

Time: 10a-12p

Fee: \$5.00pp/pw, includes 2 games, ball and shoes, if needed.

*Important notes-

All participants are to...

- send in completed enrollment form. (unless already completed in September 2018)
- meet at the alley on time.
(not eligible to bowl if arrival is after 11:30a. Please see Jessica if you arrive after 10am)
- attend with a support.
(shared recommended-support required to meet the all needs of the participant during activity, including keeping score. If help is needed please feel free to ask.)
- pay weekly upon arrival.
(cash (preferred) or checks to be made out to AMF Cranston Lanes directly for \$5.00. Advance payment no longer accepted.)

*At no point should any participant be unattended.

*Weekly fee must be paid up front in order to bowl. No exceptions.

(per Trudeau Policy & AMF Management)

*Your cooperation, understanding and patience are greatly appreciated.

If you are interested in attending the Saturday bowling program please fill out the information below in its entirety and send it back to the Recreation Department.

Name: _____ Email: _____

Address: _____ Phone: _____

Signature: _____ Date: _____



Trudeau Tigers

Saturday Track & Field Practice 2019 Info

If you have not signed up for Track & Field please contact Trudeau Recreation as soon as possible

Track Events:

(All Running & Walking Events)

Arrival **8:45am**

Practice begins at **9:00am**

End Time **10am**

Supports should stay and are encouraged to help as need and/or requested.

Field Events:

(All Throwing and Jumping Events)

Arrival **10am**

Practice begins at **10:15am**

End Time **11:00am**

Supports should stay and are encouraged to help as need and/or requested.

All athletes should dress in athletic attire appropriate for the weather and wear sneakers. Athletes are also encouraged to bring their own water & sunscreen.

Please note:

Any athlete wishing to participate in multiple Spring Sports should take into consideration when the competition is scheduled at State Games. Here are some helpful hints:

- All athletes must have an updated Special Olympics medical form (Good for 2 years)
- Track & Field Athletes may enter (2) events and 1 Relay
- Unified Soccer, Bowling and Swim Trials take place on Saturday, June 1st
* Athletes will be unable to compete in any other sport on Saturday at URI if they register for Soccer, Bowling or Aquatics therefore you can choose from a Friday event below.
- Aquatics athletes can only choose 1 Track & Field event on Friday.
- Friday Track & Field events are:

3000m open	400m open	Shot Put	25M Walk
200m Run	Running Long Jump	4x200 Relay	200 Walk
			(TBA-Fri. or Sat.)
- Athletes are unable to compete in more than 2 sports at URI

PRACTICE DATES: (weather permitting)

March: 23 & 30

April: 6 & 13

May: 4, 11, 18 & 25

**All athletes are to be dropped off and picked up at
Warwick Vets High School Track**

All athletes are to meet at the field, supports encouraged to stay/help out

Southern Area Games: April 27th

Bishop Hendricken, Warwick

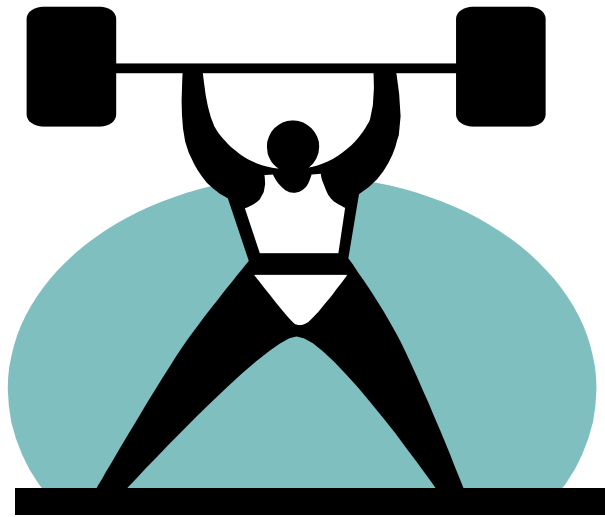
Time: 9am

**Please wear BLACK running shorts, Blue w/Red sleeves Tiger T and sneakers.
You will NOT be able to compete if you are wearing jeans or inappropriate shoes.**

GO TIGERS

**Please feel free to contact the Coach Adam Johnson at adamjohnson128@gmail.com
or Jessica Keenan at jkeenan@trudeaucenter.org**

Trudeau Tiger S.O. Powerlifting Qualifiers



**Trudeau Rec Hall
Sunday, March 10th, 2019
Meet promptly @ 11:00am.**

Staff/family members should stay with them as there will be no staff on site other than coaches.

All athlete's competing in 2019 State Summer Games must attend this event in order to qualify!!!

Please wear your Black singlets with a white T underneath, proper shoes and belt, a snack and water bottles!

**For more info: 401-739-2700
Ext. 272 for Jessica Keenan**

Thank you, GO TIGERS!!



Trudeau Recreation St. Patty's Dance

Entertainment
by:

Mz. K&Z

*Music &
more*

March 15th, 2019

6:30pm-8:30pm

\$6.00pp

*****SUPPORT REQUIRED TO STAY. NO EXCEPTIONS*****

Shared supports and carpooling recommended

Concession stand available! All items \$1.00

***Please note that the doors will not open
until 6:30pm***





SORI Swim Time Trials

Trudeau Tigers

2019



- **Date: Thursday, March 28th**
- **Location: Providence College**
1 Cunningham Square Providence, RI 02918
- **Time: please arrive for 5:15p, for 5:30p**
registrations and a 6p start!

***Athletes must bring:**

- **Cap**
- **Goggles (optional)**
- **Towel**
- **Water bottle**
- **Water shoes for locker room (optional)**
- **Suit- that provides full coverage please (strictly enforced)**















Please contact Jessica Keenan with any suggestions, questions or concerns at
jkeenan@trudeaucenter.org

GO TIGERS



March 2019



Mon	Tue	Wed	Thu	Fri	Sat
				1 Billiards 	2  SORI Track & Field Practice Bowling League 
4  SORI Sports Night	5 Dave & Busters 	6  SORI Sports night	7 <u>Bowling</u> 	8 Papa Gino's Warwick Dine out 	9  SORI Track & Field Practice Bowling League 
11  SORI Sports Night	12 Dine out at Panera-Bald Hill Rd. 	13  SORI Sports night	14 <u>Bowling</u> 	15 St. Patty's Day Dance 	16  SORI Track & Field Practice Bowling League 
18  SORI Sports Night	19 Duck Pin Bowling 	20  SORI sports night	21 <u>Bowling</u> 	22 Ruby Tuesday's Warwick Dine out 	23  SORI Track & Field Practice Bowling League 
25  SORI Sports Night	26 Dine out at Rigatoni's 	27  SORI sports night	28 <u>Bowling</u> 	29 Mini Golf 	30  SORI Track & Field Practice Bowling League 

March 2019

Events	Keep for your records	Fees	Time/Between the hours		Notes/Location
Billiards	1st	\$11pt	5:30pm	7:30pm	Bo's Billiards
Bowling	Every Thursday, 7th thru 28th	\$4pp	5:30pm	7:30pm	AMF Cranston Lanes
Dance	15th	\$6pp	6:30pm	8:30pm	Rec/Pay at door
Dave & Busters	5th	Free	5:30pm	7:30pm	Bring desired spending/D & B
Dine Out	8th, 12th, 22nd & 26th	Free	5:30pm	7:30pm	Meet at restaurant/Bring at least \$15
Duck Pin Bowling	19th	\$10pp	5:30pm	7:30pm	Legion Bowl
Mini Golf	29th	\$11pp	5:30pm	7:30pm	Mulligan's Island

Please fill out in its ENTIRETY, keep a copy and return.

Name _____

*Email Address _____ Phone _____

*Imperative to continue receiving Rec info. Please call in if you have any questions or concerns.

Program & Manager: _____ Name/Number of Support: _____

Parent/Guardian signature _____



PLEASE READ DESCRIPTIONS THOROUGHLY AND BE SURE YOUR SUPPORT DOES AS WELL!!!

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Activity Descriptions

IMPORTANT NOTES:

***Please be sure to read thoroughly as descriptions are specific to each activity. All enrollments should go to the Recreation Coordinator Jessica Keenan and a copy should go to the Program Manager that you have specified upon completion of the enrollment form for staffing purposes.

It is required that all that participants attend all events with a support. This could be a Residential, CSS, Respite, shared or natural support such as a family member or friend. No participant should attend without support. No exceptions. Shared supports and carpooling is recommended.*

*****Program Managers and Caregivers, please make all staff/supports aware that they are now the person or one of, that makes the event run accordingly. Please set the expectation for all to have a work together, with an energetic, enthusiastic demeanor but also a take charge positive attitude if need be to get the activity rolling in a successful direction.**

*If you enroll for an activity and are unable to attend, please notify your Program Manager as early as possible. Sign up is not guaranteed upon receiving enrollment as this will be run on a first come first serve basis. A waiting list will be put in place for those that do not make the list. If you pay in advance for an activity and do not attend, we reserve the right not to give a refund as needs for the activity will have already been purchased. Your patience, understanding and flexibility are greatly appreciated as all events are dependent upon adequate enrollment and staffing availability per program. You will be notified by your Program Manager if you have to be placed on the waiting list and if someone cancels and you will be able to attend. All participants are to meet at the location stated, at the time stated and events should be paid for at the door unless otherwise specified with in the calendar. Thank you!!!

Billiards: *Open to all.* Chalk up your cues and test your skill at Bo's Billiards local pool hall. **The cost per table/per hour is \$11.00. This cost can be shared by all that sign up upon arrival based on attendees.**

Bowling: *Open to all.* Join friends for a ball of fun at AMF Cranston Lanes. Enjoy two games of ten pin bowling, w/ shoe rental. Enrollment fee covers games and shoes. Snack Bar is available for an extra fee. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already.**



Dances: *Unlimited slots/Open to all.* Gather your friends, dress to impress and come dance the night away. Where a special guest DJ will play a variety of today's hits and yesterday's oldies. Everyone is invited. Admission is \$6.00pp. A concession stand will be provided, all items \$1.00. So remember to bring your dollar bills! **Please remember that the doors will not open till 6:30pm. No outdoor food or beverage allowed! We ask that all that participants attend with a support. This could be a CSS, respite, shared or natural support such as a family member of friend. No participant will be admitted to the dance without a support. No exceptions. Carpooling and share supports recommended.** This is a pay at the door event.

Dave & Buster: *Open to all.* Take the chance to be a kid again. Dave and Busters is a large arcade for all adults to enjoy! As well as a vast array of state of the art video games and virtual reality games. Please be aware that you must purchase a game card (\$2.00) in order to play any games. In addition to the enrollment fee, we suggest you bring a minimum of \$25 for video games & dinner (optional). **Please keep in mind that this event will have an abundance of walking. Please tell the front desk that you are with the Trudeau group and ask if anyone else may have mentioned the same to find friends that may be there already.**

Dine Out: *Open to all.* Friends get together and dine at a nice sit down restaurant. Not Burger King or McDonalds! Smokey bones, Governor Francis, Ruby Tuesday's and Han Palace are some of the restaurants we will be going to. We suggest that you bring a minimum of \$15 for your meal. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already.**

Duck Pin Bowling: *Open to all.* Join friends for a ball of fun at Legion Bowl. Enjoy your choice of games of duck pin bowling played, shoe rental available. Snack Bar is available for an extra fee. **Please tell the front desk that you are with the Trudeau group to find friends that may be there already**

Mini Golf: *Open to all.* Now that the weather is nicer, its time to have some outdoor excitement. Let's go to Mulligan's Island for a fun evening of Mini Golf. **The enrollment fee includes mini golf. Please meet your friends at the main door at the event time and keep in mind that this event will have an abundance of walking.**

Thank you!